



corporatecup
compete. have fun. do good.

presented by:
John Hancock.

Participant Equipment List

(By game)

Water Shootout

- Zoom on a laptop or computer
- Ping pong balls (At least 1)
- 3 cups, each filled halfway with water

Step Challenge

- A device that can track steps

ABC Aerobics

- Zoom on a laptop or computer

Mental Gymnastics

- Zoom on a laptop or computer
- Download the Kahoot app on your phone, laptop or computer

Minute to Find It

- Zoom on a laptop or computer
- Must be inside a house/apartment or office

Freeze Like a Tree

- Zoom on a laptop or computer

Sock(er) Shootout

- Zoom on a laptop/computer or a mobile device
- Pairs of rolled up socks (Max of 3 pairs)
- Laundry basket/bucket/ something similar

Flip Cup

- Zoom on a laptop or computer
- 1 plastic cup



**Boston
Children's
Hospital**

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Participant Equipment List

(All equipment)

- Zoom on a laptop or computer
- Ping pong balls (At least 1)
- 3 cups, each filled halfway with water
- A device that can track steps
- Download the Kahoot app on your phone, laptop or computer
- Must be inside a house/apartment or office (Minute to Find It only)
- Pairs of rolled up socks (Max of 3 pairs)
- Laundry basket/bucket/something similar
- 1 plastic cup